

| | 9/9 Monday | 9/10 Tuesday | 9/11 Wednesday | 9/12 Thursday | 9/13 Friday |
|-----------------------------------|--|--|--|---------------------------------------|--|
| Breakfast & Carve | BYO Breakfast Bowl Baked Chicken Thighs | Biscuits and Gravy Pot Roast with Mashed Potatoes and Carrots | Waffle Wednesday Roasted Pork Loin with Spinach Cream Sauce | Biscuits and Gravy Chicken Piccata | BYO Omlette Parmesan Crusted Tilapia |
| Soup | White Chicken Chili | Cabbage Soup | Split Pea with Ham | Tomato Basil Bisque | Turkey Chili |
| Market Deli & The Oven | Margarita Pizza Chicken and Broccoli Tortellini Alfredo | Reuben Meat Lovers Pizza | Chicken, Bacon and Ranch Wrap Cajun Chicken Alfredo | Caprese Wrap 4 Cheese Pizza | Pepperoni Pizza Chef's Choice Lasagna |
| Chef's Table | | Taco Bar | Loaded Baked Potatoes | BBQ Roadmap | |
| Dinner | Ham and Broccoli Cheesy Rice Casserole | Beef Stew | Grilled Chicken with Spinach Cream Sauce | "MFB" Bowls | Corned Beef Hash |



A better-for-you choice lower in calories and sodium, high in fiber and good fats.

Open 7 days a week
 Breakfast 7 am – 9:30 am
 Lunch 11 am – 2 pm
 Dinner 2 pm-7 pm
 Weekends 7 am- 2pm