

Orthopedic Physical Therapy Residency

Mary Free Bed's Orthopedic Physical Therapy Residency provides post-professional clinical training for physical therapists. This year long program integrates current evidence and allows for the resident to develop clinical reasoning and decision making skills. The position offers full-time employment status including benefits.

What are the key components of the program?

- Three different mentored clinical practice experiences (17 weeks each)
 - Spine Center, Orthopedic Rehab Center, and Pain Rehab Program
- Evidence-Based Practice
 - Leading in-services and attending Grand Rounds
 - Research component with scientific inquiry project or case report
- Didactic- based upon the Description of Residency Practice: Orthopedics from the APTA
 - Utilize Current Concepts of Orthopedic Physical Therapy and the most current Clinical Practice Guidelines
 - Self guided modules
 - Assessments including written, practical, clinical feedback
 - Directed readings
 - Hands on practice
- Teaching Component
 - Assisting at GVSU DPT program in musculoskeletal and spine labs
 - Assist 3rd year PT students in the GVSU pro bono clinic
- Many supplemental learning experiences and observations in multiple specialty clinics (hand therapy, work hardening, Schroth to name a few)

What is a typical schedule?

- ~30 hour patient care with at least 3 hours mentorship
- ~10-25 hours of didactic work, specialty observations, scientific inquiry

When does the program begin?

- The orthopedic PT residency is a rolling admissions with review of applications four times throughout the year (August 1st, November 1st, February 1st, May 1st)
- Floating start date based on program openings and applicant availability

How do you apply?

- Submit your application through the [RF-PTCAS](#) website

How can you get additional information?

- Email PTorthoresidency@maryfreebed.com
- Visit our PT ortho residency website at:
 - www.maryfreebed.com/careers/residency-programs/orthopedic-physical-therapy-residency/