

MFB Kitchen & Cafe

February 2025

2/10
Monday

2/11
Tuesday

2/12
Wednesday

2/13
Thursday

2/14
Friday

**Breakfast
&
Carve**

B.Y.O.
Omlette

Bruschetta
Chicken
w/Wild Rice

Biscuits and Gravy

Pulled Pork
Sandwiches

Waffles

Pork Schnitzel
with Mushroom
Gravy

Biscuits and Gravy

Chicken and
Veggie Stir-Fry

BYO Omlette

Fish Tacos with
Rice and Beans

Soup

Minestrone

Creamy Chicken
and Wild Rice

Mushroom Barley

Butternut Squash
Bisque

Turkey Chili

Happy

**Market Deli
&
The Oven**

California
Reuben

Chicken and
Broccoli
Tortellini
Alfredo

Chicken Salad

Penne w/Italian
Sausage in
Tomato Cream
Sauce

Mediterranean
Veggie Wrap

Shrimp Scampi

4 Cheese Pizza

Vegetarian Pasta
Primavera

Valentine's Day!

Pepperoni Pizza

**Heart-shaped
Pasta**

Chef's Table

BYO Burritos/Bowls

Pasta Bar

Asian Noodle
Bowls



*A better-for-you choice lower in calories
and sodium, high in fiber and good fats.*

Open 7 days a week

Breakfast 7 am – 9:30 am

Lunch 11 am – 2 pm

Feast 2 pm- 7 pm

Weekends 7 am- 2pm