

# MFB Kitchen & Cafe

February 2025

	2/17 Monday	2/18 Tuesday	2/19 Wednesday	2/20 Thursday	2/21 Friday
<b>Breakfast &amp; Carve</b>	BYO Breakfast Bowl  BBQ Chicken with Mac and Cheese	Biscuits and Gravy  Slippy Joe's and Sweet Potato Fries	Waffles  Spaghetti and Meatballs	Biscuits and Gravy  Orange Chicken w/Stir-Fry Veggies	BYO Omlette  Shrimp Scampi
<b>Soup</b>	Minestrone	Creamy Chicken and Wild Rice	Mushroom Barley	Butternut Squash Bisque	Turkey Chili
<b>Market Deli &amp; The Oven</b>	Chicken Cordon Bleu Sandwich  Tortellini in Pesto Sauce	Italian 3 Meat  Pasta w/Garlic Mushroom Cream	Portobello Mushroom "Burger"  Stuffed Shells Florentine	3 Pigs Pizza  Spaghetti w/Vodka Sauce	4 Cheese Pizza  Chef's Choice Lasagna



**Chef's Table**

Fajita Bar

**East meets West:  
Black Pepper  
Chicken**

BYO Mac and Cheese



*A better-for-you choice lower in calories and sodium, high in fiber and good fats.*

**Open 7 days a week**  
 Breakfast 7 am – 9:30 am  
 Lunch 11 am – 2 pm  
 Feast 2 pm- 7 pm  
 Weekends 7 am- 2pm