

MFB Kitchen & Cafe

February 2025

| | 2/24 Monday | 2/25 Tuesday | 2/26 Wednesday | 2/27 Thursday | 2/28 Friday |
|-----------------------------------|---|--|--|---|--|
| Breakfast & Carve | BYO Breakfast Bowl Chipotle Chicken Thighs | Biscuits and Gravy Pot Roast with Mashed Potatoes and Carrots | Waffle Wednesday Herb Roasted Pork Loin with Roasted Potatoes | Biscuits and Gravy Chicken Teriyaki w/Fried Rice | BYO Omlette Fish and Chips w/slaw |
| Soup | Minestrone | Creamy Chicken and Wild Rice | Mushroom Barley | Butternut Squash Bisque | Turkey Chili |
| Market Deli & The Oven | Corned Beef Reuben Chicken and Broccoli Tortellini Alfredo | Chicken, Bacon Ranch Wrap Penne in Tomato Cream Sauce w/Italian Sausage | Caprese Wrap Shrimp Scampi | 4 Cheese Pizza Vegetarian Pasta Primavera | Pepperoni Pizza Chef's Choice Lasagna |
| Chef's Table | | Taco Bar | BYO Loaded Baked Potatoes | National Chili Day! Chili Bar | |



A better-for-you choice lower in calories and sodium, high in fiber and good fats.

Open 7 days a week
 Breakfast 7 am – 9:30 am
 Lunch 11 am – 2 pm
 Dinner 2 pm-7 pm
 Weekends 7 am- 2pm